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A method of communicating with a watched party over a multiple access network 1. comprising:

providing said watched party with a contact identifier;

storing a blurality of contact addresses for said watched party in a common location which is accessible via said multiple access network;

receiving a request to contact said watched party, wherein said request includes said contact identifier;

determining that said watched party has access to said multiple access network via at least one device

determining that said watched party is accessible by said at least one device based upon a set of watched party defined rules; and,

contacting said watched party via said at least one device if based upon said set of watched party defined rules said watched party is accessible via said at least one device.

The method according to Claim 1 further comprising: 2. prior to contacting said watched party, providing a contact address and a description of said at least one device to a watching party.

3. The method according to Claim 2 further comprising:

prior to contacting said watched party, said watching party providing said contact address and said description of said at least one device with said request.

The method according to Claim 1 further comprising: determining that said watched party is accessible via a plurality of devices; contacting said watched party via at least one of said plurality of devices based upon said set of watched party defined rules.

- 5. The method according to Claim 4 further comprising: prior to contacting said watched party, providing a contact address and a description of said at least one device to a watching party.
- 6. The method according to Claim 5 further comprising:

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prior to contacting said watched party, said watching party providing said contact address and said description of said at least one device with said request.

- 7. The method according to Claim 6 further comprising:

 prior to contacting said watched party, providing a contact address and a respective description of said plurality of devices to said watching party.
- 8. The method according to Claim 7 further comprising:

 prior to contacting said watched party, said watching party providing said contact address and said description of at least one of said plurality of devices with said request.
- 9. The method according to Claim 2 further comprising determining a contextual situation of a watched party and providing a description of said contextual situation to said watching party.
- 10. The method according to Claim 1 further comprising: converting said contact identifier into at least one of said plurality of contact addresses prior to contacting said watched party.
- 20 11. The method according to Claim 1 further comprising converting said contact identifier into a plurality of said plurality of contact addresses prior to contacting said watched party.
 - 12. The method according to Claim 1 further comprising:
 controlling access to said determination that said watched party has access to said
 multiple access network via said at least one device based upon said watched party defined
 rules.
 - 13. A system for communicating with a watched party over a multiple access network comprising:
- a processor coupled to said multiple access network;
 wherein said processor is configured to store contact information for contacting said watched party via a plurality of access networks;

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at least one watched party defined rule stored in said processor;

a plurality of gateways coupled between said processor and said plurality of access networks;

wherein said plurality of gateways are configured to provide said processor with information pertaining to a presence of said watched party on said plurality of access networks; and,

wherein said processor is configured to provide a watching party with at least a subset of said contact information based upon said at least one watched party defined rule.

- 10 14. The system according to Claim 13 further comprising a plurality of watched party defined rules stored in said processor.
 - 15. The system according to Claim 13 wherein: said contact information includes at least one destination address of said watching party for contacting said watched party via at least one of said access networks.
 - 16. The system according to Claim 13 wherein: said contact information includes at least one device type for contacting said watching party.
 - 17. The system according to Claim 16 wherein:
 said device type is selected from the group consisting of telephone, facsimile, pager,
 e-mail system, and video conference system.
- 25 18. The system according to Claim 15 wherein:
 said subset of said contact information comprises a contact identifier which is
 convertible by said processor into at least one contact address for said watched party.
 - 19. The system according to Claim 18 wherein said contact identifier comprises a telephone number.
 - 20. The system according to Claim 18 wherein said contact identifier comprises a data

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network address.

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- 21. The system according to Claim 13 wherein said processor is configured to limit access to a watching party to at least one set of contact information based upon said at least one watched party defined rule.
- 22. A system for communicating with a watched party over a multiple access network comprising:

processor means coupled to said multiple access network, for storing contact information for contacting said watched party via a plurality of access networks;

at least one watched party defined rule stored in said processor means;

gateway means coupled between said processor means and said plurality of access networks for providing said processor with information pertaining to a presence of said watched party on said plurality of access networks; and,

wherein said processor means is further configured to provide a watching party with at least a subset of said contact information based upon said at least one watched party defined rule.

- 23. The system according to Claim 22 further comprising:
 a plurality of watched party defined rules stored in said processor means.
- 24. The system according to Claim 22 wherein: said contact information includes at least one destination address of said watching party for contacting said watched party via at least one of said access networks.
- 25. The system according to Claim 22 wherein: said contact information includes at least one device type for contacting said watching party.
- 30 26. The system according to Claim 25 wherein:
 said device type is selected from the group consisting of telephone, facsimile, pager,
 e-mail system, and video conference system.

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- 27. The system according to Claim 22 wherein: said subset of said contact information comprises a contact identifier which is convertible by said processor means into at least one contact address for said watched party.
- 28. The system according to Claim 27 wherein: said contact identifier comprises a telephone number.
- 29. The system according to Claim 27 wherein: said contact identifier comprises a data network address.
- 30. The system according to Claim 22 wherein said processor means is configured to limit access to a watching party to at least one set of contact information based upon said at least one watched party defined rule.

